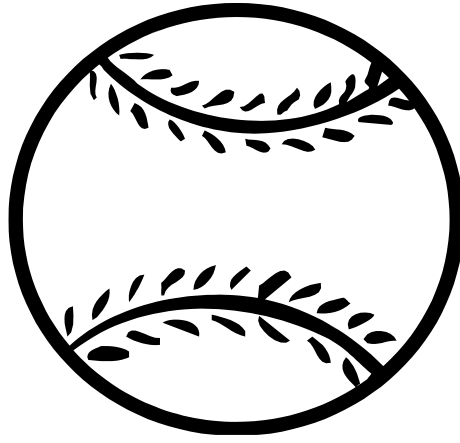


GULL LAKE BASEBALL



2024

CONFERENCE CHAMPIONS

1978
1980
1981
1984
1997
2001
2004
2005
2006
2007
2008
2010
2011
2012
2013
2015
2019

REGIONAL CHAMPIONS

2004
2007
2011
2014

DISTRICT CHAMPIONS

1985
1989
1997
2004
2005
2006
2007
2008
2010
2011
2012
2014
2018
2019
2023

STATE SEMI-FINALIST

2004
2011
2014

GULL LAKE HIGH SCHOOL BASEBALL POLICIES

I. Purpose of being a member of the Gull Lake Baseball Program:

- A. To have fun winning with class
- B. To learn to work as a member of a **team** toward a common goal. Focus on the team is **always** more important than the individual.
- C. To acquire or improve on the skills necessary to be the best, both as a team and an individual
- D. To have the opportunity to represent your school, your family, your community, your team and your coaches in a way that brings credit to each
- E. To experience the positive results of hard work and supreme effort by being part of a successful program

II. Team policies

A. Appearance

- 1. Always be neat
- 2. Your uniform will be clean on game days

B. Classroom behavior and schoolwork

- 1. You will not be allowed to dress for a game or practice any day in which you are not in attendance for at least half of the school day. A day of in-school suspension will result in missing practice or game(s). Additional penalties will be administered by the coaching staff on a case by case basis. Penalties for one hour of in-school suspension are also left to the discretion of the coaching staff.
- 2. Grades are more important than baseball.
 - a. Players will be excused in order to get help from teachers. However, arrangements can also be made before school.
 - b. Trimester grades will influence the eligibility of seniors.
 - c. Some players are not eligible for games during first week of season.
 - d. Grade Check every 4 weeks. **THIS IS VERY IMPORTANT! VIRTUAL BE CAREFUL!**

3. Use of alcohol and/or drugs

- a. We will not tolerate the use of any substances in any form with the exception of prescription drugs under the direction of your family physician.
- b. Violation of this rule is covered under the general athletic guidelines through the Gull Lake Athletic Department and any player suspected of violating this rule will be referred to the Athletic Director for further action.
- c. If you cannot refrain from the use of alcohol and/or drugs (which include cigarettes, e-cigarettes, marijuana and chewing tobacco), then you are not dedicated to Gull Lake Baseball and are asked to remove yourself from the team immediately.

4. Conduct

- a. **Profanity**—You will completely refrain from using profane, inappropriate or vulgar language.
- b. **There will be no throwing of equipment in an act of disgust or emotion. This will result in an ejection by the umpire and/or removal from the game by the coach.**
- c. There will be no arguing with, or questioning of umpires.
- d. There will be no arguing or “trash talk” with players or personnel of opposing teams, either in person or with technology.
- e. During the game, you will remain in the dugout or the area assigned to you by a coach at all times. **Do not talk with spectators or parent(s) unless given permission by a coach.**
- f. **Parents—Do not talk with your son or give him “tips” during the game. This includes other teammates also.** Do not criticize, demean or embarrass your son or any of his teammates. Offer only words of encouragement, praise and love. **Between games you may rake 😊**
- g. We will run to and from our positions on the field and to first base on a walk. We will sprint to first base when we “take one for the team”

- h. If you must be late for practice for any reason, you will tell a coach prior to the end of the school day. If you are absent from school, leave his coach a message prior to the end of the school day.

Varsity	rwalters@gullakecs.org	269-377-3025
JV	yost1214@gmail.com	269-274-2897
Freshmen	bhall@gullakecs.org	269-910-0102

- i. No one will leave a game or practice early without approval of a coach.
- j. Being late for game or practice will result in a non-starting assignment for the following game. Unless approved.
- k. An unexcused absence for a game or practice will result in sitting out the next game(s).

l. NO CELL PHONES OUT DURING PRACTICE OR GAMES OR EVEN BETWEEN GAMES

m. YOU MUST WEAR YOUR PRACTICE JERSEY, GULL LAKE BASEBALL HAT AND BASEBALL PANTS TO PRACTICE

5. Locker Room Procedure

- a. No spikes will be worn in any part of the school building at any time.
- b. You will be expected to help keep the locker room in a clean condition. Do not clean spikes in locker room.
- c. There will be no horseplay in the locker room.
- d. Do not leave equipment unlocked. Penalties will be levied. Do not leave money or wallets in lockers.

6. Away Game Procedure

- a. Busses: QR Code with the list of bus covering
- b. Parent drivers: Google Sheet – filled out so we know how guys are getting there
- c. Form – if your child is allowed to drive. Email Karyn Furlong
- No player can drive another player, unless sibling
- d. We will travel to games together on the bus, if we have a bus.
- e. We will leave the dugouts in a cleaner state than when

we arrived.

f. No eating of seeds on the bus, keep your bags closed

7. Technology: Gamechanger- GREEN APP

- a. Varsity – search Gull Lake Varsity Blue Devils
- b. JV - Gull Lake Junior Varsity Blue Devils
- c. Freshmen - Gull Lake Freshmen Blue Devils

- d. Twitter
-@BaseballGL24

8. Other Issues

- a. The use of cell phones is prohibited during practices, games, between games, etc. **IT IS THAT IMPORTANT THAT I HAVE IT ON HERE TWICE ☺**
- b. Twitter/Facebook/Instagram/Snapchat etc.
- c. Each player is responsible for all pictures and words posted on social media, including pictures posted by other individuals
- d. Please check web-site
 - Schedules are on high school website and Athletics tab
 - make sure you are part of the remind
- e. Testing dates
 - ACT—June 8th (Regionals)
 - SAT- June 1st (DISTRICTS!!)
- f. College bound athletes
 - www.ncaaclearinghouse.org
- g. Food between games
- h. Insurance
- i. Bat Regulations
 - using another players baseball bat
 - we have a team bat for Varsity and JV

9. Why we coach

- a. Enjoyment of student/athletes
- b. Provide the players with support system and positive memories

- c. When to talk with coach
 - encouragement is always appreciated
 - if voicing a concern, do not do it during game or on game days
 - playing time is not based on grade level—we play to win
 - one player will not play in each game

III. Penalties for policy infractions

- A. The coaching staff may impose such penalty or penalties as we deem appropriate for the above policy infractions and any other infractions which are not specifically covered above.

IV. Freshmen team/JV team and Varsity team

- a. We treat the lower level as a minor leagues
- b. We will have some freshmen float between the two teams, they can't play more than 38 games and therefore there will be sometimes they won't be at their own JV or own Freshmen game to make sure we don't exceed the limit on games.
- c. We won't bring up a player if they won't have significant playing time, this doesn't mean they may not come up for a double header occasionally based on need of the varsity/jv etc.

V. Playing Time

- a. Baseball is inherently selfish...one batter at a time etc.
- b. Playing time decisions-
 - a. It is not Little League – **it will not be equal**
 - b. We will be looking for opportunities for your son to succeed and for the team to succeed.
 - c. This means sometimes your son whose best position might be "A" may be in position "B" and this would be for the good of the team.
 - d. Lineups – with our starters for each game we are trying to maximize runs.
 - e. Pitcher only's – (Pinch hitting)
 - f. Know we are trying to do a balancing act to keep people happy and into the games. **However, when we play PC, PN, Lakeview etc. we are going with the best lineups both games.**
- c. Players may discuss playing time with coaches. This is not the parent's job.
- d. If you have a different issue besides playing time then feel free to reach out to us.
- e.

VI. Other

- a. Remind group 81010: Varsity parents and players:
- b. Raking between games- we encourage parents to rake.
- c. We need your insurance and drivers license photo emailed to me at rwalters@gulllakecs.org
- d. Money for hat and practice shirts give to coach via check if possible
 - a. \$50 – 2 hats and one shirt
 - b. This week please.
- e. Turn in pay to participate to athletic office, you can do this on the school website

- f. Online ordering if you would like more gull lake gear, linked to the website.
- g. Join the sports boosters

VII: TC West

- a. May 18th , JV and Varsity only
- b. No practice Friday, we play that Wednesday/Thursday.
- c. No transportation.
- d. Play at 11 am. So be there by 10 am. Leave probably by 6:30-6:45.
- e. Or you could stay the night.

VIII: Florida trip next year

- f. Expectation of varsity guys
- g. Plan on it if on varsity, underclassmen will have a limited opportunity based on availability.
- h. Cocoa beach is the plan. Not a 100% certain, but would know for sure by the fall
- i. Signs will be able to start selling in the summer
- j. Last time was \$1400, and 4 signs got you a free trip
- k. Fliers by banquet night

PHOTO DATES

April 3rd